

JUBILEE 2025



THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly



**30
MAR
2025**
YEAR C

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email comms@nhcatholic.org.au



4TH SUNDAY OF LENT

“This son of mine was dead, and has come to life again.” - Lk 15:24a

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

1ST READING

Joshua 5:9-12

The Lord removes the reproach of Egypt.

RESPONSORIAL PSALM

Ps 33:2-7. R. v.9

Taste and see the goodness of the Lord.

2ND READING

2 Corinthians 5:17-21

All is new in Christ.

GOSPEL ACCLAMATION

Luke 15:18

*Praise and honour to you, Lord Jesus Christ!
I will rise and go to my Father and tell him:
Father, I have sinned against heaven
and against you.*

Praise and honour to you, Lord Jesus Christ!

GOSPEL

Luke 15:1-3. 11-32

Parable of the prodigal son.

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am
Sunday, 9am

BAPTISM:

Sunday, 10.30am
1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

RECONCILIATION:

Saturday, 5.00 to 5.45pm
Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and
include Pre-Marriage Course as
part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am
Saturday (Vigil), 5.30pm
Sunday, 7.30am, 9.30am, 5pm

** Adoration to the Blessed Sacrament after Mass
on Fridays.*

BAPTISM:

Sunday, 11.30am
1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

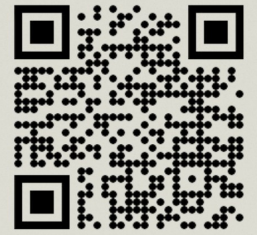
In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.



WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

Scan me!



GET IN TOUCH

- ✉ OFFICE@NHCATHOLIC.ORG.AU
2 KING STREET, MANLY VALE 2093 NSW
- 🌐 WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR
- ☎ (02) 9949 4455

WHY DO WE DO THAT? Catholic Life Explained

Question:

Lent always seems to help me renew my relationship with God and strengthen my religious practice. Do you have any suggestions as to what I could do to achieve that the rest of the year?

Answer:

The obvious answer may seem to be to do whatever you do during Lent all year round. But part of the power of Lent is that we focus as a community on renewing our faith and preparing for Easter. Our Lenten practices have a purpose and a goal. Therein lies the secret. When we focus our efforts on one virtue, or try to change one bad habit, or seek to deepen our understanding of one aspect of faith, we focus our efforts and give our full attention to what we are trying to accomplish. We tend to be more successful achieving our goals. More importantly, it has a ripple effect in our lives: one thing changes or is added to the spiritual mix of our lives and many aspects are changed.

All too often we leave our spiritual growth to chance and the practice of faith to habit, and then wonder why we have no sense of growth or progress. Think of it in terms of exercise. We walk, lift weights, bend and stretch to attain the maximum benefit from what we do. In addition, to keep those benefits, we eat healthful food and get enough vitamins and rest. Spirituality requires the same kind of attention: we pray, fast, read the Bible, receive sacraments, and do charitable work to maximize the benefits of practicing faith. Keeping Lent year round keeps us in spiritual shape! ©LPi

BRINGING HOME THE GOSPEL

I know I affirmed my children when they were growing up, but I wish I had done it more often. In hindsight, I realize I got so caught up in the tremendous responsibilities of parenting that sometimes I missed what they needed most. Helping five youngsters grow up to be healthy—physically, emotionally and spiritually—is an awesome task. There were so many things to teach them and to protect them from. Too often, my conversations with them were not conversations at all; rather they were more like sermons with me preaching, teaching or warning against some danger or other.

One of the traits of a strong family is that its members affirm each other often. They congratulate one another on their achievements. They are quick to say “good job” or “well done.” Even more important, they affirm each individual not just for what he or she does, but for who he or she is. It is our job as parents to model this love and affirmation, so our children learn to compliment each other and us, too.

We do this by offering gentle hugs and unequivocal compliments—words or actions that let our toddler or teen or young adult know they are loved no matter what. This does not mean we stop teaching or even preaching. It does mean we take care in what we say and how we say it. It also means we spend time each day listening to our children, affirming them and assuring them that they are loved. In short, we are asked to reflect God’s unconditional love to our children.

Mirroring that love can be a difficult task if we do not first accept God’s unconditional love for us. We need to remind ourselves that we, too, are God’s children, loved with a love that is unearned and unending.

FAMILY RESPONSE:

Have family members write or draw one or two things they most like in each of the other family members. Show what you have each written or drawn.

PERSONAL RESPONSE:

Do you find it difficult to believe that God loves you unconditionally? Why or why not? How can you bring yourself to trust more deeply in God’s love?

Copyright © 2025 Judith Dunlap. Published by the Pastoral Centre, All rights reserved.





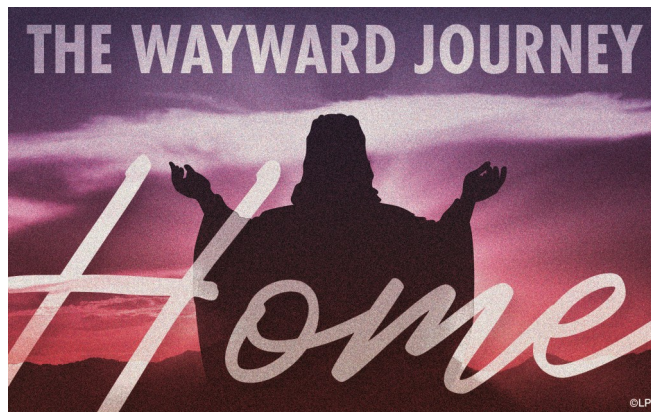
WEEKLY SOCIAL JUSTICE CHALLENGES

Sometime we become so enamoured with the Parable of the Prodigal Son that we forget the interaction that prompted its telling. Jesus told the iconic parable in response to being criticized by the Pharisees and scribes for welcoming and eating with sinners. Who is welcome in your home? With whom are you willing to dine? The challenge this week is to spend some leisure time with someone who has made some serious mistakes and may even have a bad reputation. Can you offer the compassionate presence of Christ to this person and discern the goodness that lies beneath the surface of this person's life?



CARE FOR CREATION TIPS

"On the day after the passover, on that very day, they ate the produce of the land, unleavened cakes and parched grain. The manna ceased on the day they ate the produce of the land, and the Israelites no longer had manna; they ate the crops of the land of Canaan that year." —Joshua 5:11-12



Once the ancient Israelites were a free people in their own land, they could feed themselves from what they grew. This week, like the Israelites, consider where your food comes from. Do you buy produce shipped from thousands of miles away when there are farmer's markets within a few miles of you? Has it traveled long distances to be processed and packaged? Make a commitment to switch your buying power to more local, in-season foods so as to support the farmers in your region, even if you start small.

©Center for Ministry Development. Published by the Pastoral Centre. All rights reserved.

PASTORAL CARE FOR THE HOMEBOUND

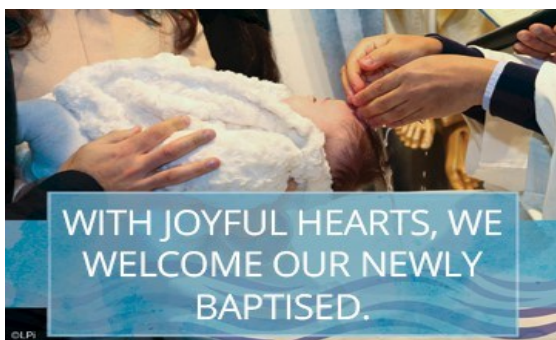
Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

SICK CALLS AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

BUSINESS HOURS:
PARISH OFFICE—9949 4455

AFTER HOURS:
(Evenings & Weekends)
0490 898 464



PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Odette James, Peter and Jan Van de Velde, Joyce Arnold, Cecilia Yeung, Erroll Abbott, Greg Hyde

RECENTLY DECEASED:

Mark Hansen, Maria Hatch, Wendy Shields, Catherine Robertson

ANNIVERSARIES:

Cosimo & Antonia Maiolo, Antonio Gelonesi, Joseph Bruzzano, John Moscrop

Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail office@nhcatholic.org.au

Baptism Preparation Course dates 2025

- April 6
- June 1
- August 3
- October 5
- December 7

If you are interested in attending, kindly contact the parish office to register your attendance ph 9949 4455

DID YOU KNOW?

THE PRINCIPAL LITURGY OF GOOD FRIDAY INCLUDES THE PROCLAMATION OF THE PASSION FROM THE GOSPEL OF JOHN, THE VENERATION OF THE CROSS, & HOLY COMMUNION USING HOSTS CONSECRATED ON HOLY THURSDAY.



©LPI



Your kindness can help single mothers like Irene gain valuable skills to support her family.

 **Caritas AUSTRALIA** | **PROJECT COMPASSION**

HAPPENING NEXT WEEKEND

in our Parish

School Mass

5:00PM, Saturday, 5 April
St Cecilia's Church

Join St Cecilia's school students and their families as they lead us through prayer and worship.

Palm Sunday

APRIL 13, 2025

If you have palm branches or fronds you can donate to the church, please bring them to the parish office on **Friday, 11 April**. If they are pre-cut, that would be very helpful!

Thank you!

Lent Reflection Evenings

EVERY MONDAY DURING LENT
7:30PM IN PARISH CENTRE

Leader: Fr John Zhang
All are welcome!



STATIONS OF THE CROSS

FRIDAYS DURING LENT,
7:30PM, ST KIERAN'S

Join us for this time of prayer and reflection on the Passion and Death of Jesus.



AMICI
Friends of St Augustine Newsletter
"Walking Together"
Autumn 2025
Volume 24 Issue 2

Available now in our church foyers!

CatholicCare & MAD:paws
Diocese of Broken Bay

PAWS FOR A CAUSE

Our dog loving team, living with disability, are available to walk your furry friends

SCAN TO BOOK

TUESDAY
APRIL 15
7:30PM

CHRISM MASS

Our Lady of the Rosary Cathedral, Waitara

Celebration of the Blessing of the Oils & Renewal of Priestly Commitment

PARISH ROSARY PRAYER

JOYFUL MYSTERIES
Monday and Saturday

SORROWFUL MYSTERIES
Tuesday and Friday

GLORIOUS MYSTERIES
Wednesday and Sunday

LUMINOUS MYSTERIES
Thursday

You are invited to pray the Rosary with your family for the renewal of our parish.

Prayer booklets are available in our churches. You can pray with others using this meditation after Mass on Mondays, Tuesdays and Thursdays.



EASTER TRIDUUM AT NORTH HARBOUR PARISH

HOLY THURSDAY (APRIL 17)

7:30PM: MASS OF THE LORD'S SUPPER (ST KIERAN'S CHURCH) FOLLOWED BY EXPOSITION OF THE BLESSED SACRAMENT, AND NIGHT PRAYER AT 10:00PM.

GOOD FRIDAY (APRIL 18)

9:00AM: STATIONS OF THE CROSS (TANIA PARK, BALGOWLAH HEIGHTS IN THE EVENT OF WET WEATHER, STATIONS WILL BE HELD AT ST KIERAN'S CHURCH

2:00PM: RECONCILIATION (ST KIERAN'S CHURCH)

3:00PM: PASSION OF THE LORD (ST KIERAN'S CHURCH)
3:00PM: PASSION OF THE LORD (ST CECILIA'S CHURCH)

HOLY SATURDAY (APRIL 19)

8:30AM: MORNING PRAYER (ST KIERAN'S CHURCH)

5:00PM: RECONCILIATION (ST KIERAN'S CHURCH)

7:00PM: EASTER VIGIL (ST KIERAN'S CHURCH)

EASTER SUNDAY (APRIL 20)

7:30AM: MASS (ST KIERAN'S CHURCH)

9:00AM: MASS (ST CECILIA'S CHURCH)

9:30AM: MASS (ST KIERAN'S CHURCH)



Suitable for 2 years to Preschool Age



Little Kieran's Playgroup

Term 2
9 May
16 May
23 May
30 May
6 June

**Weekly on Fridays
9.00am- 10.15am**

- **Teacher led** with a school readiness approach
- **Form connections** with other local families
- **Engaging crafts** and sporting activities
- **Play-based learning** in an inclusive setting



St Kieran's School - 63 Gordon St, Manly Vale

ST KIERAN'S SCHOOL NEWS

We have had a busy few weeks at the school, with lots of activities! The children took part in the school cross country – it was a fantastic day filled with energy, determination and school spirit. Last week Years 1 and 2 enjoyed a trip to Vacluse House – to learn about history through play. We also celebrated St Patricks Day with a touch of green and Harmony Day with a touch of Orange. We wrap up our successful playgroup for Term 1 and look forward to welcoming all families to our Playgroup in Term 2.

Sharing the Gospel

Imagine that your father gave you and your brother \$10. You saved yours. But when it was time to put the money in the bank, your brother told your father, "I'm sorry. I wasted my money on candy bars." Your father forgave him and gave him another \$10. You felt hurt and asked him why. He said, "I love you both. Your brother has learned his lesson. I am happy."

Prayer

Lord, help me take good care of my money and my soul.

Mission

I will save a quarter, spend a quarter, and share a quarter.

©LPi

Promoting a safer *Church*



The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the LIFE of the Church.

**SAFEGUARDING
is everyone's responsibility**



COLOR

Read the Gospel of the week and color the image.





Lord, let each of us, according to our conscience,
 either grieve in correction or rejoice in approval
 Commentary of Psalm 31, (2), 1
 - St. Augustine of Hippo

NEXT WEEKEND (6 APRIL 2025): 5TH SUNDAY OF LENT, YEAR C

<p>1ST READING Isaiah 43:16-21 <i>God has done and will continue to do great things.</i></p> <p>RESPONSORIAL PSALM Ps 125. R. v.3 <i>The Lord has done great things for us; we are filled with joy.</i></p> <p>2ND READING Philippians 3:8-14 <i>Paul forfeits all for Christ.</i></p> <p>GOSPEL ACCLAMATION Joel 2:12-13 <i>Praise to you, Lord Jesus Christ, king of endless glory! With all your heart turn to me, for I am tender and compassionate. Praise to you, Lord Jesus Christ, king of endless glory!</i></p> <p>GOSPEL John 8:1-11 <i>The Pharisees confront Jesus with an adulteress.</i></p>	<p>5 APR, 5.30PM ST KIERAN'S</p> <p>Senior Server David</p> <p>Readers Bob John Cecilia</p> <p>Music Parish Choir</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>6 APR, 7.30AM ST KIERAN'S</p> <p>Senior Server Jo</p> <p>Readers Judith Jenny</p> <p>Music None</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>6 APR, 9AM ST CECILIA'S</p> <p>Senior Server Ilde</p> <p>Readers Louise Ailis Julien</p> <p>Music Love thy Nghbr</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>6 APR, 9.30AM ST KIERAN'S</p> <p>Senior Server Micihael</p> <p>Readers Brian Kate</p> <p>Music Harvest</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>6 APR, 5PM ST KIERAN'S</p> <p>Senior Server Kevin</p> <p>Readers Louise Catherine</p> <p>Music Ben M</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>
	<h3>OBSERVANCES FOR THE WEEK OF 30 MARCH</h3>				
	<p>Mon 31 Mar: Monday of the 4th Week of Lent, Year 1</p>				
	<p>Tue 1 Apr: Tuesday of the 4th Week of Lent, Year 1</p>				
	<p>Wed 2 Apr: Wednesday of the 4th Week of Lent, Year 1</p>				
	<p>Thu 3 Apr: Thursday of the 4th Week of Lent, Year 1</p>				
<p>Fri 4 Apr: Friday of the 4th Week of Lent, Year 1</p>					
<p>Sat 5 Apr: Saturday of the 4th Week of Lent, Year 1</p>					

The Catholic Community of North Harbour



Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au

Parish Office	2 King Street, MANLY VALE 2093 NSW AUSTRALIA P 02 9949 4455 E office@nhcatholic.org.au W www.bbcatholic.org.au/northharbour
Office Hours	9.00am to 4pm (Tuesday to Friday)
Churches	Church of St Cecilia Wanganella St and White St, Balgowlah 2093 NSW Church of St Kieran 2 King St, Manly Vale 2093 NSW
Parish Staff	Parish Priest: Fr Michael Belonio, OSA E pp@nhcatholic.org.au Asst Priest: Fr Jumbim Torres, OSA E jtorres@nhcatholic.org.au Asst Priest: Fr John Zhang E jzhang@nhcatholic.org.au Parish Manager: Jacky Worthington E manager@nhcatholic.org.au (Mon, Wed, Thu) Parish Secretary: Jane Filacuridi E office@nhcatholic.org.au (Tue, Wed) Parish Secretary: Anne Ross E office@nhcatholic.org.au (Thu, Fri) Catechists, Family & Sacramental Ministries: Ursula Halloway M 0450 101 767 E families@nhcatholic.org.au Media & Communications: Sophie Taylor E comms@nhcatholic.org.au Music Ministry: Marianne Kaw-Deveza E music@nhcatholic.org.au
Resident Priests	Fr Minh-Tan Hoang, OSA E minhtanhoang@yahoo.com.au (Chaplain, St. Augustine's College, Brookvale) Fr Peter Jones, OSA E peter.jones@osa.org.au (Prior Provincial) Fr Paul Maloney, OSA E paulmal@bigpond.com (Retired) Fr John McCall, OSA E jmcosa@bigpond.net.au (Retired) Fr Abel van der Veer, OSA E vabelvanderveer@gmail.com (Retired) Fr Senan Ward, OSA E senanward@bigpond.com (Chaplain, St. Augustine's College, Brookvale)

Please support the advertisers that support us. Thank you.

If you wish to advertise your business with us, please contact the Parish Manager at manager@nhcatholic.org.au

CREATIVE STARZ HOLIDAY PROGRAM



MOANA

Musical
Ages 6-13
14-17 Apr (4Days)
9am - 3pm
St Kieran's Church
Manly Vale

(Free Extended Hours 8am-5.30pm)

creativestarz.com.au



CALL 02 9913 7131



Local Australian family
owned and operated
Available 24/7
Personally talk to Ann
Wilson and her team

Suite 3, 1440 Pittwater Road
North Narrabeen, Sydney
wilsonfamilyfunerals.net.au

HAMER & HAMER
Solicitors

Murray Hamer
Brian Hamer
Michelle Gibson

Let us advise you
through life's most
important moments

9949 4022

murray@hamerlaw.com.au

hamerlaw.com.au

LORIS FILACURIDI

Real Estate Agent



25 years looking after clients
in our parish.

For trustworthy advice
regarding your home or any
other real estate query,
please call me anytime.

0419 227 435

B.Bus, J.P

[sweetnams
real estate](http://sweetnamsreal estate.com.au)

St Cecilia's Catholic School
BALGOWLAH

St Cecilia's Catholic
Primary School



Principal: Ms Louise O'Brien



Now
Enrolling!

59 Seaview St, Balgowlah
02 7256 2136

scb@dbb.catholic.edu.au
www.scbdbb.catholic.edu.au

CATHOLIC SCHOOLS BROKEN BAY
Co-educational Pathway
For St Paul's Catholic College, Manly

total
PHYSIOTHERAPY
MANLY VALE

PHYSIOTHERAPY
PLUS EVERYTHING
YOUR BODY NEEDS

Services:

- Sports and Musculoskeletal Physio
- Women's, Men's & Pelvic Health
- Equipment Pilates
- Paediatric Physio
- Hand Physio
- Exercise Physiology
- Remedial Massage
- Post-operative Rehabilitation

CONTACT US ON: 9907 0321

BOOK ONLINE: TOTALPHYSIOMV.COM



St Kieran's Catholic
Primary School



Principal: Ms Anna Marsella



Now
Enrolling!

63 Gordon St, Manly Vale
02 7256 2131

skmv@dbb.catholic.edu.au
www.skmvdbb.catholic.edu.au

CATHOLIC SCHOOLS BROKEN BAY
Co-educational pathway
For St Paul's Catholic College, Manly

PLEASE CONSIDER
ONLINE GIVING

Our parish is grateful
for your continued support.
Thank you!



North Harbour
PARISH

Donate Here



You can now donate for North Harbour Parish Clergy and Parish Funds AND to support Pastoral Works Broken Bay (PWBB) Appeals, using the Parish Giving Broken Bay App. Thank you for your generosity.

To support our Parish and our Diocese, please scan the QR code, download the Parish Giving Broken Bay App, sign in and become a regular donor. Alternatively, visit: brokenbay.goodgiving.com.au/home/brokenbay